

## Kupad

**Material:** Stone

**Description:** It is a round vessel, carved out of a single piece of stone.

**Use:** It is used for making '*Thukpa*' (soup with noodles) and other traditional dishes as the stone retains heat for a long period of time.

**Used by:** The people of Lahaul and Spiti district of Himachal Pradesh, India, in the Western Himalayas.

